



Walking Meditation

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CRTP is a non-profit organization with a mission to educate and conduct research into human consciousness and healing.



CONSCIOUSNESS RESEARCH AND TRAINING PROJECT

"FIVE DAYS

...

Which Changed the Rest of My Life"

Helen
University of Ghana
Legon, Ghana



CONSCIOUSNESS RESEARCH AND TRAINING PROJECT

CRTP is a not for-profit organization which explores the nature of human consciousness and teaches the LeShan method of healing. The genius of the LeShan method is that it distills a decade of research and a millennium of experience from Eastern and Western meditative traditions into a five-day seminar.

Over a thousand people have taken the training since its inception in the 1970s and have described it as life changing.

The next CRTP training will be held June 9-13, 2016 at the Guest House Retreat & Conference Center in Chester, Connecticut.

www.guesthousecenter.org

Visit our website for additional training dates.

In the 1960s Dr. Lawrence LeShan, a humanistic psychologist, theoretician, researcher, prolific writer, clinician and current CRTP Board member set out to carefully research and debunk the existence of the paranormal.

To LeShan's surprise, his research found the material to be scientifically valid.

"The training gave me a way of connecting with a depth of being in which we all share – a universal something beyond us as individuals but which includes us all. This connection has a healing effect on me..."

-- Peggy

Stunned by the evidence, LeShan developed a theory which he hoped would explain paranormal healing. After extensive investigation and studying with healers around the world, he taught himself to enter the state of consciousness that was common to healing, and developed a process to teach this method to lay people. Dr. LeShan's 1972 landmark book, "The Medium, the Mystic, and the Physicist" describes the development of our process.

LeShan postulates that consciousness can shift between metaphysical systems. This shift allows events such as precognition and psychic healing, which are impossible

I highly recommend this experience to anyone searching for spiritual awakening.-- John

in one world view, to be totally normal in the other. The current day terminology was different in the 1970s but the concepts of non-duality, intentionality, quantum theories and neuro-plasticity; the importance of neural integration and the benefits of meditation and contemplation were embedded throughout his research.

The unique and experiential five-day program is taught nationwide; CRTP carefully selects retreat centers within a natural setting to optimize the learning experience. Seminar leaders combine years of CRTP training experience with professional expertise in a wide blend of humanistic fields. During training seminars an important distinction is made between defining one's self as a "healer" and "being part of a healing process" that enhances the healee's own self-healing abilities.

The Beginners Training consists of an eclectic collection of 20 meditations which are drawn from many different traditions. The purpose of the meditations are to strengthen a student's sense of self, to expand one's way of perceiving, and to help prepare for an experience of an altered state of consciousness.

Attendance for each seminar is deliberately small with the intention of teaching a limited number of serious minded people in depth. We take the work seriously and ourselves lightly with laughter and compassion. Participants come from all walks of life and for a variety of reasons.

When we see something which works, we call it magic; when we understand it, we call it science.

-- LarryLeShan

CRTP also conducts bi-monthly healing meditation groups that meet locally and by teleconference across the country.



Trainers Kathy Stillson, President and Seminar Leader, and Mike Bova, Board Member & Seminar Leader.

Both Ms. Stillson and Mr. Bova have been practicing this healing method of meditation for over 35 years.

If you are interested in a seminar, please complete the application on our website and mail a completed hard copy to CRTP, Inc., 306A Heritage Hills, Somers, NY 10589, or email a completed copy to CRTP.info@gmail.com.